

Arrival Location, Day of Surgery:

Haymarket Surgery Center
15195 Heathcote Blvd #210
Haymarket, VA 20169
Phone : [\(571\) 445-3800](tel:5714453800)

Use the Main Entrance, then go to the reception desk and inform them you are there to have same day surgery.

Surgery Date/Time: _____

Your Checklist Prior to Surgery

- Schedule your lab tests, EKG, Bloodwork, History and Physical to be completed at least 10 days prior to your surgery date.
- Have your lab results faxed to our office at 703-738-7157.

Your Checklist the Day before Surgery

- Verify arrangements for a responsible adult to accompany you home. Public transportation (i.e., bus or taxi) is not a satisfactory method of transportation and will not be allowed.
- DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT** (*unless directed otherwise by physician*)

Your Checklist on the Day of Surgery

Please arrive 1-1/2 to 2 hours before your surgery time.

The hospital will contact you a day or two before surgery to tell you exactly what time to be there.

- Please leave your valuables at home. Remove all jewelry, including any body

piercings. The hospital is not responsible for valuables.

- You may wear glasses (no contacts) or dentures, but they will need to be removed before your surgery, so please bring your storage case for these items.
- Do not use any perfume, hair-care products or body lotions.

Please remember to bring:

- ✓ Drivers license or other current legal photo ID.
- ✓ Insurance card(s) – to avoid billing issues and delays, be sure your legal picture ID card matches the name on your insurance card(s).
- ✓ Insurance co-pay (cash, check, VISA, MasterCard or money order).

Preparation for Surgery

A nurse from the Hospital will be calling you 1-2 days prior to your surgery to pre-register you and go over your previous surgical history and all medications you are taking, as well as how often and what doses you take. Be sure to include your blood-pressure medications, diet pills, herbal supplements, vitamins or any other types of medication/pills. The nurse will tell you what medications you can take the day of your surgery.

The type of Anesthesia your surgery requires will determine how to prepare yourself before you come to the hospital.

It is extremely important that you confirm your instructions for anesthesia with the nurse. *Failure to follow eating and drinking restrictions could increase the risk of complication and lead to cancellation of your surgery.*

In Case of Cancellation

If you develop a cold, fever, persistent cough, infection or become ill within 48 hours of your

surgery, or if you need to cancel for any reason,
please call our office at 703-443-0015.