

# Capital Eye Consultants

## Arrival Location, Day of Surgery:

INOVA Woodburn Surgery Center  
3289 Woodburn Road #100  
Annandale, VA 22003  
703-226-2640

Follow signage to surgical center, then go to the reception desk and inform them you are there to have same day surgery.

Surgery Date/Time: \_\_\_\_\_

### Your Checklist *Prior* to Surgery

- Schedule your lab tests, EKG, Bloodwork, History and Physical to be completed at least 10 days prior to your surgery date.
- Have your lab results faxed to our office at 703-854-1193.

### Your Checklist the Day before Surgery

- Verify arrangements for a responsible adult to accompany you home. Public transportation (i.e., bus or taxi) is not a satisfactory method of transportation and will not be allowed.
- DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT (*unless directed otherwise by physician*)

### Your Checklist on the Day of Surgery

The hospital will contact you a day or two before surgery to tell you exactly what time to be there.

- You may wear glasses (no contacts) or dentures, but they will need to be removed before your surgery, so please bring your storage case for these items.
- Do not use any perfume, hair-care products or body lotions.

### Please remember to bring:

- ✓ Drivers license or other current legal photo ID.
- ✓ Insurance card(s) – to avoid billing issues and delays, be sure your legal picture ID card matches the name on your insurance card(s).
- ✓ Insurance co-pay (cash, check, VISA, MasterCard or money order).

### Preparation for Surgery

A nurse from the Center will be calling you 1-2 days prior to your surgery to pre-register you and go over your previous surgical history and all medications you are taking, as well as how often and what doses you take. Be sure to include your blood-pressure medications, diet pills, herbal supplements, vitamins or any other types of medication/pills. The nurse will tell you what medications you can take the day of your surgery.

The type of Anesthesia your surgery requires will determine how to prepare yourself before you come to the hospital.

It is extremely important that you confirm your instructions for anesthesia with the nurse. *Failure to follow eating and drinking restrictions could increase the risk of complication and lead to cancellation of your surgery.*

### In Case of Cancellation

- ❑ **Please leave your valuables at home.**
- Remove all jewelry, including any body piercings. The hospital is not responsible for valuables.**

If you develop a cold, fever, persistent cough, infection or become ill within 48 hours of your surgery, or if you need to cancel for any reason, please call our office at 703-876-9630.

**DIRECTIONS TO INOVA WOODBURN SURGICAL CENTER  
3289 WOODBURN ROAD, #100, ANNANDALE, VA 22003**



**From I-495**

- Take Exit 51 to VA-650/Gallows Rd
- If coming from the north on I-495: Turn left onto Gallows Rd then first left onto Woodburn Rd; immediately turn left into the surgery center
- If coming from the south on I-495: From exit ramp off I-495 stay to the left and cross over Gallows Road; immediately turn left into the surgery center

**From I-66**

- From I-66 take Exit 64 to I-495 South
- Take Exit 51 – VA-650/Gallows Rd
- Stay to the left to cross over Gallows Road onto Woodburn Road

- Immediately turn left into the surgery center